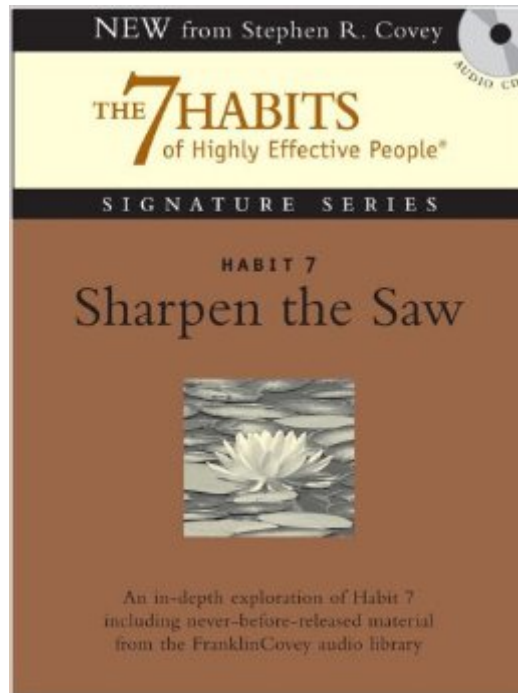


The book was found

Habit 7 Sharpen The Saw: The Habit Of Renewal (7 Habits Of Highly Effective People Signature)



Synopsis

Habit 7: Sharpen the Saw is about recognizing the importance of taking time regularly to take care of yourself physically, spiritually, socially/emotionally, and mentally. Dr Stephen R Covey explains the importance of regular renewal in all four of these areas, to create a fully satisfying life with intrinsic security. 'Balanced renewal is optimally synergetic. The things you do to sharpen the saw in any one dimension have positive impact in other dimensions because they are so highly related.' In this in-depth exploration of Habit 7, you will hear Dr Covey teach listeners how to stop being defined by the perceptions and paradigms of people around them and become an affirmer of other people-thereby increasing their own success and happiness so that we have an 'inside-out congruence' from living a life of integrity. This is not pop psychology or simply a trendy catch phrase. Rather Dr Covey helps the listener examine the character attributes that lead to behaviours. By living with honesty, integrity, kindness, and other time-tested principles, listeners find the real keys to changing unwanted behaviours.

Book Information

Series: 7 Habits of Highly Effective People Signature

Audio CD

Publisher: Covey; Unabridged edition (December 19, 2006)

Language: English

ISBN-10: 1929494939

ISBN-13: 978-1929494934

Product Dimensions: 7.4 x 5.5 x 0.5 inches

Shipping Weight: 4.2 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #1,347,156 in Books (See Top 100 in Books) #34 in Books > Books on CD >

Authors, A-Z > (C) > Covey, Stephen R. #217 in Books > Books on CD > Business > Career

#413 in Books > Books on CD > Business > Management

[Download to continue reading...](#)

Habit 7 Sharpen the Saw: The Habit of Renewal (7 Habits of Highly Effective People Signature)

Habit 4 Think Win-Win: The Habit of Mutual Benefit (7 Habits of Highly Effective People Signature)

Habit 6 Synergize: The Habit of Creative Cooperation (7 Habits of Highly Effective People

Signature) Habit 3 Put First Things First: The Habit of Integrity and Execution (7 Habits of Highly

Effective People Signature) Habit 2 Begin With the End in Mind: The Habit of Vision (7 Habits of

Highly Effective People) The 7 Habits of Highly Effective People - Signature Series: Insights from Stephen R. Covey The 7 Habits of Highly Effective People - Signature Series SEARS CRAFTSMAN - Power Tool KNow How "RADIAL SAW" Drill Press Wood Lathe, Wood Shaper, Band Saw, Scoll Saw, Stationary Planers, Stationary Sanders, Woodworking Techniques. (Over 600 Professional Operations Described and Illustrated. The 7 Habits of Highly Effective People: Powerful Lessons in Personal Change The 7 Habits of Highly Effective People The 7 Habits of Highly Effective People: Interactive Edition Summary of 'The 7 Habits of Highly Effective People' by Stephen R. Covey | Includes Analysis The 7 Habits of Highly Effective People: By Stephen Covey -- Summary 7 Habits of Highly Effective People, The: 25th Anniversary Edition 7 Habits Of Highly Effective People The 7 Habits of Highly Effective People (Unabridged Audio Program) Los 7 Habititos de la Gente Altamente Efectiva/ The 7 Habits of Highly Effective People (Spanish Edition) Habit 5 Seek First to Understand then to be Understood: The Habit of Mutual Understanding (The 7 Habits) Habit 1 Be Proactive: The Habit of Choice (The 7 Habits) The 7 Habits of Highly Effective Families

[Dmca](#)